

Repentance

Purpose of study: Teach the meaning of Biblical repentance and help clarify whether the person you are studying with has truly repented of their sin or not.

Definition of repentance:

- Repentance (*metanoia* in Greek) literally means to change your mind. It's a complete change of thinking that is shown by change in your actions.
- It is a decision to turn away from your sin and turn toward God.

Luke 3:1-20

- As John the Baptist was preparing the way for Jesus, he preached a baptism of repentance. To please Jesus, we must produce fruit in keeping with repentance.
- **V.10-14** Outlines what the fruit of repentance looks like in people's daily lives.
- **V.18** A call to repentance is part of the good news John and Jesus preached.
- **V.20** Repentance was not a popular message in Jesus day nor is it in our day.

Matthew 5:29-30

- What point do you think Jesus is trying to make?
- We have to be radical about eliminating sin from our life to please Jesus.
- Does this describe your attitude toward your own sin?

Acts 26:19-21

- What was Paul's consistent message to everyone in every city he visited?
- What impact did Paul's message have on the religious people of his day (v.21)?
- Why do you think they reacted that way? How about us today?
- Why does God call us to prove our repentance by our deeds?
- What sins do you see God calling you to prove your repentance in?

2 Corinthians 7:8-11

- What does God intend for us to feel about our sin (v.9)?
- What does Godly sorrow lead to? What does worldly sorrow lead to?
- What does repentance lead to (v.10)? No one is saved until they repent.
- What are the signs of Godly sorrow (v.11)? Define and discuss each word.
- Godly sorrow produces an obvious change in a person's heart and life.
- Would God say you have Godly or worldly sorrow about your sin? Why?

Acts 3:19-20

- According to these verses, what comes to people who repent of sin?
- Repentance is a relief and not a burden.
- Jesus wants to relieve you of the guilt and shame of your sin!
- Jesus wants you to repent so you can experience times of refreshing!
- Do you feel refreshed? If not, why do you think that is?

Challenge:

- Examine your heart to make sure you have Godly sorrow about your sin so you can experience the times of refreshing that come from God.