

OC Church of Christ

Fasting and Prayer

Fasting and praying for a request

16 “Go, gather together all the Jews who are in Susa, and fast for me. Do not eat or drink for three days, night or day. I and my attendants will fast as you do. When this is done, I will go to the king, even though it is against the law. And if I perish, I perish.” Esther 4:16

Fasting for spiritual change

12 “Even now,” declares the Lord, “return to me with all your heart, with fasting and weeping and mourning.” Joel 2:12 | NIV84

Fasting to complete a God given task

27 Then the Lord said to Moses, “Write down these words, for in accordance with these words I have made a covenant with you and with Israel.” 28 Moses was there with the Lord forty days and forty nights without eating bread or drinking water. And he wrote on the tablets the words of the covenant—the Ten Commandments. Exodus 34:27-28 | NIV84

Fasting and Prayer for God's will and direction to be clear

1 In the church at Antioch there were prophets and teachers: Barnabas, Simeon called Niger, Lucius of Cyrene, Manaen (who had been brought up with Herod the tetrarch) and Saul. 2 While they were worshiping the Lord and fasting, the Holy Spirit said, “Set apart for me Barnabas and Saul for the work to which I have called them.” 3 So after they had fasted and prayed, they placed their hands on them and sent them off. Acts 13:1-3 | NIV84

Jesus assumes we will be fasting

16 “When you fast, do not look somber as the hypocrites do, for they disfigure their faces to show men they are fasting. I tell you the truth, they have received their reward in full. 17 But when you fast, put oil on your head and wash your face, 18 so that it will not be obvious to men that you are fasting, but only to your Father, who is unseen; and your Father, who sees what is done in secret, will reward you. Matthew 6:16-18 | NIV84

Fasting for:

- * Fasting for the goals on the front of this packet
- * Fasting for your own spiritual growth this year
- * Fasting for the families in the church - strengthened marriages and children becoming strong disciples
- * Fasting for the new Coastline Worship Center
- * Fasting that God opens doors and produces miracles in the hearts of the lost in OC
- * Fasting for our impact with the poor and needy in OC and around the world
- * Fasting for our sister 41 churches in Mexico and Central America, 5 churches in Korea, the church in Mongolia, Tucson and Fresno