
BIBLE TALK - DOUBT NOT

Introduction

For an icebreaker, distribute writing utensils and a small sheet of paper to each person. Instruct them to write one fact about themselves that is true and one that is made up. Then go around the circle asking each person to read their two facts, and have people guess which is true and which is false by saying: "I doubt that (insert fact) is true". Have fun learning some interesting facts about each other. Was it hard determining each other's true fact? Why?

Q: Talk about a time when you doubted your knowledge, talents, abilities or decision-making. What did you do to overcome your doubts?

John 6:60-69

Q: What are some things Jesus taught or did that you at one time considered challenging or offensive? In what ways did those statements or actions affect your ability to follow him? Q: What are some reasons people decide to no longer follow Jesus?

John 14:22-31

Q: Share about a time when you experienced doubt because your circumstances weren't working out the way you thought they would.

Q: Why do you think we're tempted to doubt when God doesn't do what we want or expect, or in the time we expect it?

Q: Do you find it difficult to believe that God wants to do something significant through you? Why or why not?

Application

John 6:68-69 "Simon Peter answered him, "Lord, to whom shall we go? You have the words of eternal life. We have come to believe and to know that you are the Holy One of God."

Doubt loses its power when held up to the light of the resurrection. When doubt attacks your mind and emotions, ask yourself, "To whom shall I go?"

Determine: How can you better allow this group to support you as you work through life's challenges and accompanying doubt.
